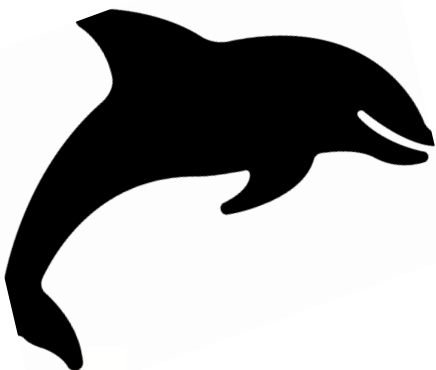




DAVIESS COUNTY FAMILY YMCA
**FALL - Session 1
YOUTH SWIM TEAM**




**DO YOU LOVE THE WATER?
DO YOU ENJOY HAVING FUN?
ARE YOU BETWEEN 6 AND 12?**

**THEN THE YMCA
SWIM TEAM
IS FOR YOU!**

**IMPROVE SWIM SKILLS,
PARTICIPATE IN SWIM MEETS
IN AN EIGHT WEEK PROGRAM
BEGINS SEPTEMBER 9, ENDS
OCTOBER 28**

REGISTER NOW!

 **DAVIESS COUNTY FAMILY YMCA**
405 NE 3RD STREET
WASHINGTON, IN 47501
(812) 254-4481

*Join the fun this summer.
Get set to get wet!*

Registration for Daviess County Family YMCA FALL SESSION 1 Swim Team 2015

Child's Name _____ Age _____
Child's Name _____ Age _____
Child's Name _____ Age _____
Parent(s)/Guardian(s) Name(s) _____
Address _____
Phone Number _____ Email _____

Registration Fee is \$28 for each child who is a YMCA Member; \$48 for each nonmember

Registration closes September 9, 2015

A minimum of 14 must register in order to hold this program.

Swim Team Purpose:

The Y swim team provides area youth with positive experiences through competitive swimming. Through training and competition, swimmers will have the opportunity to learn about the YMCA's core values, sportsmanship and team camaraderie while improving swimming skills and enjoying a fun and healthy summer activity.

Swim Team Requirements:

- Youth must be at least 6 years old and no older than 12 by September 9.
- Youth must be comfortable putting head under water, and be able to do a front float without any flotation device, and swim a full length of the pool without use of any flotation device.

If you are uncertain as to whether your child will be able to meet the swim prerequisites for the team, you may wait until the end of the first practice to sign him or her up. We must have a minimum of 14 swimmers in order to have a team.

Required Equipment:

- One-piece swimsuit for girls
- Swim trunks for boys

Strongly Recommended:

- Swim goggles, swim cap

Additional Equipment:

- Towels, pool sandals, plastic water bottle

Registration Fees

- \$28 for each YMCA Member
- \$48 for Each Nonmember

A minimum of 14 youth must register for this program to operate.

Team Schedule

- All practices and meets will be held at the Daviess County Family YMCA Indoor Pool.
- All practices and meets will be on **Mondays and Wednesdays from 7:15 to 8 p.m.** beginning on September 9 and ending on October 28.

Swim Meets

The swimmers will compete amongst themselves at meets and will be awarded ribbons on Mondays, October 5, 12, 19 and 26. No travel will be involved, and meets will be structured to fit the skill levels of the team.

Parent Volunteers

Family volunteers are needed to staff the swim meets. Please help at each meet in which your child participates.

Parent Meeting

During the first practice on Wednesday, September 9, a parent/guardian meeting will be held at 7:15 p.m. in the Y's balcony room. This will be a short meeting, no more than 15 minutes, but it is important that someone from your family attends.

A team handbook, practice and meet procedures, hand outs and other information will be covered.

Special Notes:

Please do not enter the pool deck area until after 7:10 p.m. as to allow an aqua fitness class to finish and clear the water.

No practice on Sept. 7 due to Labor Day, and on September 28 and 30 due to pool maintenance.

Why Swim on a Team?

There are many tangible reasons for your child to swim on a team. A few include:

- *To provide a structured swim program that teaches stroke development*
- *To improve swimming techniques and abilities*
- *To encourage swimmers to practice in order to improve personal swim times*



But for every tangible reason that can be listed, there are just as many intangible just as important, if not more so. Being on a swim team teaches values that last a lifetime. These include:

- *To teach and emphasize good sportsmanship*
- *To increase self-esteem and motivation, and to encourage hard work, goal setting and goal achievement*
- *To instill the values of dedication, commitment and team loyalty*
- *To encourage swimmers to strive for excellence*
- *To provide an environment for our swimmers to reach their maximum potential.*

And let's not leave out the fact that being on a swim team is just plain fun!

